Healing M&A spa

SERVICE PRICE LIST

HEALING BASIC

	60min	90min	120min
Bliss Touch ★		~~2.700~~ 1.500	~~3.000~~ 1.800
*Healing Special - Premium massage with **aroma oils** and **Olive Jade hot stones** to release muscle tension and provide natural minerals*			
Swedish Massage *Oil or Lotion*	800	1.000	1.300
Healing's techniques in combination with oils, where our well-trained therapists use medium to deep pressure to promote muscle relaxation and circulation, tailored to your needs. Perfect for first-time spa visitors or those seeking complete relaxation.			
Shiatsu Massage *Dry Massage*	800	1.000	1.300
Shiatsu works by stimulating acupuncture points (Tsubo) to open meridians to facilitate the flow of qi, which in turn elicits a healing response. It stimulates the meridians and their respective joints and muscles to promote the smooth flow of Qi and balance within the body. This stimulation breaks up blockages and allows energy to flow throughout the body. By applying pressure to areas of the body, acupressure relieves tension and helps balance the autonomic nervous system.			
Aroma Swedish *Chamomile/ Lemon/ Eucalyptus/Ylang-ylang* ★	1.000	1.200	1.500
A personalized massage using premium aroma oils chosen by the guest and Healing's unique techniques to relax muscles and improve circulation. Recommended for deep relaxation and fatigue recovery.			
Hot Coconut Oil Massage	1.100	1.300	1.600
Coconut oil is excellent for softening and nourishing the skin, It penetrates deeply into the skin to provide rich moisturization. It acts as a natural moisturizer, making dry skin soft and supple. It is also rich in nutrients such as vitamins E and K, and fatty acids to help maintain skin health, and has natural antibacterial and antifungal properties to help prevent and treat skin infections. Smell the mild, relaxing scent of coconut oil and enjoy a more enjoyable and healing experience.			
Philippine Hilot Massage *with Coconut Oil* ★		1.500	1.800
Hilot means to heal where it hurts, and it utilizes a banana leaf diagnostic method passed down from generation to generation in Filipino culture. With virgin coconut oil and warmed banana leaves placed on the body, the Hilot therapist's hands identify and target areas of uneven or blocked energy flow.			
Olive Jade Stone Massage *<Special Upgrade>* ★		~~2.500~~ 1.500	~~2.800~~ 1.800
Hot stone massage therapy not only helps to relieve fatigue and stress and restore fresh energy to the body, but it is also beneficial for health and beauty. The olive jade stone , known as a power stone, is a stone that magically protects you. It is also known as the stone of happiness. Jadeite collects electricity in the body, flushes out toxins, and relieves stress. Jadeite is an antioxidant, reduces emotional resentment, and improves mental clarity and logic. We use high-quality jade that carries natural energy. By penetrating this energy into the body, it improves blood circulation and energy flow while relieving muscle fatigue.			

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HEALING BASIC

		60min	90min	120min
Combination	*Swedish & Foot*		1.000	1.300
Foot Chair Massage		700	900	

This is a leg-centered massage performed on a comfortable couch.

Growth Massage <For Kids>	700	900	

A gentle, customized massage for growing children.

Maternity Massage	*with Coconut Oil & Décolleté Massage*	*100min*	1.800

A relaxing care program designed to gently support swelling, lower back fatigue,
and unbalanced body tension caused by the physical changes during pregnancy.
Performed in a comfortable Side Lying Position, with customized pressure adjustment
based on each guest's condition to provide a safer and more relaxing experience.

(Recommended for over 16 weeks pregnant /Prior consultation required for high-risk pregnancies or special conditions)

Facial Care Option: Hydra Care I + 1.200

FOR GOLFER

After Golf Care	*< 90min Chamomile Lotion Massage + Hydra Care* I>	2.200
After Golf Care II	*< 90min Chamomile Lotion Massage + Hydra Care* II>	3.600

FOR SUNBURN

After Sun Healing Care	*with Cold Stone Massage*	2.500

A healing treatment for skin irritated, heated, and sensitized by Cebu's strong UV exposure.
Our signature aroma soothing gel combined with a cold stone massage
helps calm both sunburned skin and tense muscles at the same time.

Facial Care Option: Hydra Care I + 1.200

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SERVICE PRICE LIST

HEALING ORIGINAL PREMIUM

	90min	120min
Like A Feather <Detox Sauna Massage> ★		3.400

This premium detox program combines Healing's finest essential oils with the best massage techniques and sauna to maximize the benefits of essential oils. Size reduction and immunity boosting begins with flushing out waste and raising body temperature. Feel light as a feather and healthy as a new you with spa director Sophia's essential oil blends based on your body's condition.

** Please consult us if you have high blood pressure.*
90 Minutes Top Quality Essential Oil Swedish Massage + 30min Sauna Detox

Feather like Shoulder ★ 2.000

Upper Body Focus - Back, Shoulder & Head Care with Far-Infrared Thermal Therapy

With "Feather-light Shoulder" oil by Sophia's Blended Essential Oils & Far-Infrared Thermal Therapy. A program that targets tension in the neck, shoulders, and back. Combined with Sophia's signature blended oils and far-infrared heat therapy,it provides deep muscle relaxation and effective fatigue recovery.

Treatment order: 30min back - 30min front arm&legs - 30min shoulders, neck, and head massage

Feather like Legs ★ 2.000

Lower Body Focus - Leg-Slimming Care with Far-Infrared Thermal Therapy

With "Feather-light Leg" oil by Sophia's Blended Essential Oils & Far-Infrared Thermal Therapy A lower-body treatment that relieves tight calves, thighs, and glutes while enhancing leg lines. Promotes circulation, reduces swelling, and leaves your legs feeling light and refreshed.

Treatment order: 20 min Back - 30min back legs - 30min Front legs - 10min Arms

On The Beach Scrub Massage ★ 2.500

The moisturizing scrub of shea butter (which contains vitamins A, E, and F to promote collagen formation) and natural salt, aroma oil induces circulation and drainage, making it effective for cellulite management. It is also effective for dry skin and female stretch marks as it exfoliates without irritation and provides sufficient moisturizing and nutrition, and together with the healing massage, it provides firm, healthy and radiant skin.

R4U Energy Therapy Womb Care 90min 3.500

Womb Balance & Women's Circulation Care Program

Using bio-current energy therapy, this program helps support blood circulation and lymphatic circulation while caring for pelvic balance and body temperature balance to promote overall body circulation and wellness recovery.

Treatment order: 15min Abdominal Care - 30min Lower Body Circulation Care - R4U Womb Care & Back Pain Relief Care - 10min Arm Care - 20min R4U Energy Décolleté Care - 10 min Scalp Care

Healing M&A spa

SERVICE PRICE LIST

HEALING ORIGINAL PREMIUM

	90min	120min
CINDERELLA PEDI PLANNING ★ *Foot Drill Scrub with Massage (Like Baby Foot)* Enjoy the magic of a Cinderella pediplanning with a professional foot exfoliation using a electric foot drill. Treatment Order: Disinfection - Softening - Blade - 3 different Drill Pads - Foot Pack - Foot Cream to Finish.	1.800	
The Shiny Day ★ *On The Beach Scrub+Like A Feather + Hydra Care II with Décolleté + Banana leaf wrap*	*180min*	~~*9.000*~~ 7.600
Sophia's Signature ★ *Value beyond imagination* *Signature Healing - Sophia's Baby Face Aroma Facial & Full Body treatment massage with Décolleté*		5.800

Healing M&A spa

SERVICE PRICE LIST

HYDRA SKIN CARE

Hydra Care I *Cleansing - Deep Cleansing - Hydra Mask*	*40min*	1.200
Hydra Care II *Cleansing - Deep Cleansing - Facial Massage - Hydra Mask*	*60min*	2.800
Hydra Men's Care I *Cleansing - Deep Cleansing - Nose Shine Solution - Hydra Mask*	*50min*	1.400
Hydra Men's Care II *Cleansing - Deep Cleansing - Nose Shine Solution - Facial Massage - Hydra Mask*	*70min*	3.000
Glow Bounce Care *Cleansing - Deep Cleansing - Rescue Ample with LDM - Collagen Mask - PDT Light*	*60min*	3.500

SPECIAL REJUVENATION CARE *No Down-Time*

	90min
LHALALA PEEL	6.000
Vita Crush	6.000
Skin Planning	6.000
MTS	6.000
HIFU	6.000
Rejuven	7.000
Fracsono	9.000

ADDITIONAL

Blackhead Removal *Shiny nose*	300
Miracle Décolleté Massage	500
Where My Stomach Goes	500

HEALING M&A SPA

Medical Aesthetic

Healing Signature

Signature Royal Aroma Facial

With Healing 4.800

Not the same care every time, but a signature ritual tailored to your skin today. Experience a royal facial that lives up to its name.

Back Care - Décolleté - Cleansing - Deep Cleansing - Manual Technique - Finishing Pack - Arm & Leg Care (Healing Only)

Special Rejuvenation Care

O2 Derm

4.000

Delivers high-concentration oxygen and negative ions simultaneously to boost cell regeneration, neutralize free radicals, and revitalize the skin. A premium anti-aging program for deep hydration, brightening, and calming troubled skin.

Décolleté - Cleansing - Deep Cleansing - Ampoule Gun Infusion - Oxygen Pack - Oxygen Ion Dome Care - Arm & Leg Care - Finishing

VitaCrush

6.000

Beyond simple whitening or hydration, this intensive therapy uses pure Vitamin C ampoules combined with LDM (Low-Density Micro-Ultrasound) technology for maximum absorption. It neutralizes oxidative stress, enhances radiance, density, and elasticity, while stimulating collagen production to brighten pigmentation and refine skin tone.

Décolleté - Cleansing - Oxygen Mask - VitaCrush - LDM Therapy or Manual Technique - Finishing Pack - Arm & Leg Care

LHALALA PEEL

6.000 ***Acne Care LalaShot*** 9.000

Originating from Cheongdam and loved by celebrities, this low-irritant, high-efficacy LHA peeling treatment minimizes redness and side effects while effectively improving pigmentation, wrinkles, pores, and elasticity.
A lipid-friendly peel safe for daily life right after treatment, with pH 5.5 for safe care even under Cebu's strong sun.

Décolleté - Cleansing - LHALALA Peel Step 1 - LHALALA Peel Step 2 - Regeneration Pack - Arm & Leg Care

MTS

Mulkwang 6.000 exosome+VitamineC ***LHALA TRIPLE C*** 12.000 ***Exosome*** 12.000

Uses fine microneedles to stimulate collagen and elastin production, promoting natural skin healing. Effective for acne scars, pores, fine lines, and texture improvement, while enhancing nutrient absorption for clear and resilient skin.

Décolleté - Cleansing - Deep Cleansing - MTS + Optional Skin Booster - Soothing Pack - Arm & Leg Care - PDT

PURAXEL

Mulkwang 6.000 exosome+VitamineC ***LHALA TRIPLE C*** 12.000 ***Exosome*** 12.000

A high-performance skin regeneration program that boosts the skin's natural repair process.
Improves acne scars, pores, fine lines, and balances skin tone for firmer, smoother results that continue to improve over time.

Décolleté - Cleansing - Deep Cleansing - Puraxel + Optional Skin Booster - Soothing Pack - Arm & Leg Care

HEALING M&A SPA

Medical Aesthetic

Special Rejuvenation Care

HIFU lifting

1000shots 6.000

HIFU (High Intensity Focused Ultrasound) technology targets deeper layers, creating thermal coagulation points to stimulate collagen and deliver firming and lifting results while protecting the skin surface.

Décolleté - Cleansing - Deep Cleansing - HIFU Lifting 1000 Shots - Face Lifting - Arm & Leg Care

REJUVEN

7.000 ***HIFU+Rejuven*** 9.900

An intensive solution for repair and regeneration. EGF, peptides, and hyaluronic acid act deep within the dermis to restore elasticity, reduce fine lines and pigmentation, and revive the skin's natural power.

Cleansing - Manual Technique - Deep Cleansing - Décolleté - Chaum Thread - Sticky Massage - Waterdrop Ultrasound - Lifting Pack - Arm & Leg Care

Fracsono

Fracsono 9.000

A lifting & regeneration therapy that delivers RF energy deep into the dermis to stimulate collagen and elastin.
At Healing M&A Spa, combined with custom ampoules and LDM Therapy, it addresses sagging, enlarged pores, scars, and pigmentation simultaneously.

Cleansing - PHA Peel - NK Potent Booster - Soothing Gel Waterdrop Ultrasound - Fractional RF 350 Shots - NKCX Core Ampoule Waterdrop Ultrasound - Alpha Hydro Booster Gel Waterdrop Ultrasound - Probiotic Mask - Décolleté <Waterdrop Ultrasound + Manual Technique> - Arm & Leg Care

Skin Planning

Shinny Care 6.000

A gentle exfoliation using a specialized blade to remove peach fuzz and dead skin cells, refining texture and brightening tone while enhancing skincare absorption.

Décolleté - Cleansing - Skin Planning Procedure - Soothing Care - Finishing Pack - Arm & Leg Care

R4U

R4U Lifting Facial with Ovary Care 6.000

A customized program that calms sensitive and damaged skin quickly. With concentrated ampoules and advanced techniques, it strengthens the barrier, reduces redness and irritation, and provides instant soothing hydration with a natural glow.

Cleansing - R4U Care (Décolleté & Facial) - Mask Pack - Arm & Leg Care

HEALING M&A SPA

Medical Aesthetic

SOTHYS

Hydrating Intensive Treatment — 7.000

A high-performance moisturizing and plumping treatment that combines three types of hyaluronic acid and two patented ingredients to deeply hydrate and strengthen the skin's condition.

Décolleté - Cleansing - Skin stabilization - Impurity removal - Soothing effect - Skin balance adjustment - Hydration booster - Intensive plumping - Arm & leg care

Glow Defense™ Intensive Treatment — 7.000

An anti-exposure treatment that protects the skin from external stressors and restores radiance by rebalancing dull and rough skin caused by daily environmental factors.

Décolleté - Cleansing - Deep cleansing - Skin detox - Energy supply - Skin activation - Radiance mask - Arm & leg care

Youth™ Intensive Treatment — 7.000

A powerful total slow-aging treatment that combats oxidative stress and restores the skin's natural resilience and vitality.

Décolleté - Cleansing - 1st impurity removal - 2nd impurity removal - Targeted intensive care - Nutrient block effect - 1st mask - 2nd mask - Arm & leg care

Acne Care

Acne Bible **Acne Graduation Program** — 6.000

A step-by-step program that calms excessive sebum, pore impurities, and inflammatory reactions —the root causes of skin troubles.

Cleansing - AHA solution - Décolleté - Extraction - ALA Mask (LED light-specific mask) - PDT solution - Arm & leg care

HEALING M&A SPA

Medical Aesthetic

BOTOX

300PHP per Unit

Crows Feet	3,800~
Forehead	6,000~
Masseter	8,000~
Barbie Arms	15,000~
Mesobotox Full Face	18,000~

SWEATTOX

KOREAN BRAND	18,000
US BRAND	30,000

ANTI-AGING

HILO-WAVE	25,000
PROFHILO	30,000

IV Treatments

per Session

Gluta & Vitamin C	3,500
Skin & Slim	4,000
Placenta Injection	4,000
Beauty Drip	5,000
Fountain of Youth	7,000

Acne Treatment

per Pimple

Acne Injection	350

Fat Dissolving

Fat Dissolving Injection Tommy, Arm, Double Chin	3,500~